

# TRAUMA TRAINING FOR EDUCATORS

## A FREE RESOURCE FROM COMMUNITIES IN SCHOOLS OF CENTRAL TEXAS

Trauma Training for Educations is a free video training resource designed to provide important trauma-focused information about how student learning and behavior is impacted by trauma, and how educators and support staff can help students develop a greater sense of safety at school and begin to build new emotional regulation skills.

### **ABOUT THE TRAINING:**

Communities In Schools advocates for the mental and emotional health needs of students and often consults with school staff regarding working with significantly traumatized students to support their learning and success in the school environment. This training was developed to help educators understand the impact of trauma on student learning and to identify strategies to work more effectively with traumatized students.

This 43 minute training video is designed to be shared in school faculty meetings and as a professional development opportunity for school personnel. It is appropriate for anyone who works with children.

A Facilitator's Discussion Guide is available.

### **ABOUT US:**

Communities In Schools of Central Texas (CIS) surrounds students with a community of support, empowering them to stay in school and achieve in life. Operating in 61 schools in Central Texas, CIS serves more than 50,000 young people and their families every year.

Trauma Training for Educators is available for free on the CIS website:  
[ciscentraltexas.org/traumatraining](https://ciscentraltexas.org/traumatraining)